



Name \_\_\_\_\_ Email \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Occupation \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_  
 Phone: Evening \_\_\_\_\_ Day \_\_\_\_\_ Other \_\_\_\_\_

Have you ever had a massage before?

Are there any areas you would like extra time spent?

Any difficulty lying either on your front or your back?

What are your goals for your massage today?

### Please check which of the following apply to you:

<input type="checkbox"/> Pregnant	<input type="checkbox"/> Skin concerns
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Numbness, tingling or other nerve problems
<input type="checkbox"/> Headaches _____	<input type="checkbox"/> Allergies to oils, nuts or fragrances
<input type="checkbox"/> Recent Surgeries	_____
<input type="checkbox"/> Back Injuries	<input type="checkbox"/> Any other physical or emotional difficulties
<input type="checkbox"/> Neck Injuries	_____
<input type="checkbox"/> Blood Pressure (low/high)	<input type="checkbox"/> Medications _____
<input type="checkbox"/> Heart Conditions _____	_____
<input type="checkbox"/> Arthritis - Location _____	_____
<input type="checkbox"/> Stress	

### Please Keep in Mind

- Information shared during your massage session is confidential and educational in nature. It is intended to help you become more familiar and conscious of your own health status and is to be used at your own discretion.
- If at any point during the massage, any type of sexual connotation is even implied, your massage will be terminated and the therapist/client relationship will be severed permanently.
- Do I have your permission to contact your physician if the need arises? \_\_\_\_\_

Name of Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

**PLEASE GIVE 24 HRS NOTICE FOR CANCELLED APPTS  
YOU MAY BE CHARGED FOR YOUR MISSED APPT WITHOUT 24 HRS NOTICE**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_